

Accepted Manuscript

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PII: S0956-7135(18)30261-5

DOI: [10.1016/j.foodcont.2018.05.028](https://doi.org/10.1016/j.foodcont.2018.05.028)

Reference: JFCO 6152

To appear in: *Food Control*

Received Date: 22 March 2018

Revised Date: 15 May 2018

Accepted Date: 16 May 2018

Please cite this article as: Veys P. & Baeten V., Protocol for the isolation of processed animal proteins from insects in feed and their identification by microscopy, *Food Control* (2018), doi: 10.1016/j.foodcont.2018.05.028.

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1 Protocol for the isolation of processed animal proteins 2 from insects in feed and their identification by 3 microscopy

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12 Abstract

13 Insect processed animal proteins (PAPs) constitute a new alternative source of proteins in feed. In
14 2017, a closed list of insect species was authorized on the European market for use in aquafeed
15 production. Authenticity and contamination controls will have to be set up by authorities and feed
16 actors and supported by adequate detection methods, which are lacking. The present paper presents
17 an original isolation and detection protocol for insect material. The protocol, based on sedimentation
18 by a mixture of petroleum ether and tetrachloroethylene to concentrate insect particles, was
19 developed and tested on a series of ten different aquafeeds fortified at 1 % w/w with four different
20 commercially available insect meals (from *H. illucens*, *T. molitor*, *G. assimilis* and *A. diaperinus*). The
21 results showed that this sedimentation protocol combined with light microscopic observation was
22 adequate for insect detection and more efficient than the current official method. Morphological key
23 features for reliable characterization of insect PAPs were also investigated. Structural details of
24 cuticular fragments, such as sensilla and tracheolar structures, combined with patterns of muscle

25 fibers, were found to constitute robust identification keys to establish the insect origin of particles.
26 The prospective use of these markers for lower taxonomic ranking, at order level, was also
27 addressed. Finally, the value of the markers proposed was discussed in terms of their ability to
28 distinguish insect PAP from other types of invertebrate meal, such as that produced from marine
29 arthropods, but also within the global framework of controls for the enforcement of the legal feed
30 ban.

31 Highlights:

- 32 • Isolation of insect fragments from a complex ingredient matrix by a double sedimentation
- 33 • Morphological features useful for insect identification by light microscopy
- 34 • Possibility of taxonomic sorting of edible insects is discussed for authenticity
- 35 • Amendment of European regulation for official control and enforcement of feed ban

36 Key words:

37 Edible insect, animal nutrition, feed, control, detection, microscopy

38 **1. Introduction**

39 The use of insects as a source of food is as old as humanity and about two billion people traditionally
40 consume them. They are a rich source of proteins, fats, vitamins and minerals. In recent years their
41 potential use in animal feed has been investigated, largely in response to the urgent quest for
42 proteins as well as to the high price of fishmeal and soya used in aquaculture and elsewhere (van
43 Huis et al., 2013). In addition, insects constitute valuable alternatives for feeding fish and poultry
44 since they are part of their natural diet. In 2015, the European Food Safety Authority analyzed the
45 risk profile for the production and use of insects in food and feed (EFSA, 2015). Based on EFSA's
46 recommendation, the European authorities agreed to introduce the use of insects for feeding
47 aquaculture animals (farmed fish) as of July 2017 (EU, 2017). A closed list of seven insect species
48 authorized to be reared and used in aquaculture was established: black soldier fly (*Hermetia illucens*),
49 common housefly (*Musca domestica*), yellow mealworm (*Tenebrio molitor*), lesser mealworm
50 (*Alphitobius diaperinus*), house cricket (*Acheta domesticus*), banded cricket (*Gryllodes sigillatus*) and
51 field cricket (*Gryllus assimilis*).

52 This introduction of farmed insects and their processed animal proteins (PAPs) raises questions about
53 the methods to be used for quality control as well as contamination and fraud detection. At the time

54 of writing, the only authorized methods for PAP detection in feed are light microscopy and
55 polymerase chain reaction (PCR) (EU, 2013). For aquaculture feed, the combination of both methods
56 is required under some conditions, but priority is usually given to light microscopy. This method is
57 perfectly adequate for the detection of particles of fish and terrestrial (grouping all other
58 vertebrates) PAPs. It relies principally on the categorization of the bone fragments into those two
59 groups, since other types of animal remains are minor. Bone observation is facilitated by a
60 sedimentation process with tetrachloroethylene (TCE), by which all material of a density higher than
61 1.62 g.cm^{-3} , including bones, is concentrated. Recently, Ottoboni et al. (2017) concluded that light
62 microscopy could be used for the identification of insect fragments as opposed to marine arthropod
63 PAP fragments. However, the authors limited their investigations to pure insect material produced at
64 lab scale under experimental conditions, as against PAPs from marine arthropods. The proper
65 detection of insect PAPs incorporated into a feed is still to be investigated, and whether or not light
66 microscopy would be suitable for this is regarded by them as questionable. Among the principal
67 reasons, also raised by Ottoboni et al. (2017), insects, which lack bones, have exoskeletal cuticular
68 fragments of lighter densities. Hence insect fragments may not be concentrated by the current
69 official sedimentation process. Therefore, the first objective of this study was to develop an
70 alternative protocol which could be used to concentrate insect particles more effectively, and to test
71 this new method on a representative set of aquafeeds fortified with different industrial insect PAPs
72 on the basis of the established list of species. The study also tried to characterize the type of particles
73 that can be expected to be microscopically recognized and to establish morphological criteria. Finally,
74 the new protocol was compared with the current official one.

75 **2. Material and methods**

76 **2.1. Insect PAPs**

77 Insect meals were collected from the industry, and corresponded to PAPs produced on a large scale.
78 The assortment of meals originated from four different species; no other species were available from
79 the European market. The first two species are currently regarded as the most economically
80 interesting (International Platform of Insects for Food and Feed, pers. comm.): black soldier fly (*H.*
81 *illucens*) and mealworm (*T. molitor*). The other species were lesser mealworm (*A. diaperinus*) and
82 field cricket (*G. assimilis*).

83 **2.2. Fortified aquafeeds**

84 Ten compound feeds for fish were used in order to cover a variety of formulations. All aquafeeds
85 were ready-to-use commercial products. They were two complete feeds for Atlantic salmon (Sa1,

86 Sa2), two complete feeds for salmonid fry (Sf1, Sf2), two complete feeds for trout (Tr1,Tr2), a feed
87 for tilapia (Ti), a complete feed for parent stock (Pa), a compound feed for trout juvenile (Trj) and
88 finally a complete feed for sturgeon (St). None of the aquafeeds contained insect-derived
89 ingredients. The compound feed for parent stock (Pa) contained krill meal, which was the sole
90 ingredient which could interfere with insect PAPs.

91 All aquafeeds were spiked with each insect PAP at the level of 1 % (w/w) to obtain 40 samples. After
92 spiking, the fortified aquafeeds were ground at 2 mm by a rotor mill (Retsch ZM 200) to ensure
93 homogeneity and optimal size reduction for microscopic observations.

94 2.3. Preliminary study

95 A preliminary study was conducted to define which solvent mixture (i.e. different ratios of petroleum
96 ether bp 40-60 °C / tetrachloroethylene (or PE/TCE)), according to its density, would best
97 concentrate or isolate particles of insect origin from those of other origins (fish, minerals, plants,
98 etc.) present in aquafeeds. The density of the various solvent mixtures was calculated by recording
99 the weight (in mg) of an exact volume of 100 ml and expressed in $\text{g}\cdot\text{cm}^{-3}$. This was repeated in
100 triplicate for each solvent mixture in order to obtain a mean value and a standard deviation (SD). This
101 preliminary experiment series was performed on two pure insect PAPs (from *H. illucens* and *T.*
102 *molitor*) and on one aquafeed (Sf1). Proportions of floating fractions against sediment fractions were
103 visually estimated for different ratios of PE/TCE.

104 2.4. Double sedimentation and isolation of fractions

105 Double serial sedimentation was used for this study, as illustrated in figure 1. All steps were realized
106 in a closed sedimentation funnel of 250 ml. Using 10 g of sample material, a first sedimentation was
107 performed with 100 ml of tetrachloroethylene (TCE, with a density of $1.62 \text{ g}\cdot\text{cm}^{-3}$) as per Annex VI of
108 EU/152/2009 (EU, 2009). This legally mandatory step allowed a first sediment to be recovered. This
109 sediment was collected on a filter paper placed on a funnel. The volume of TCE drained was
110 calculated at 30 ml. Once this volume had been achieved, the stopcock was closed and an additional
111 volume of 30 ml of petroleum ether bp 40-60 °C (with a density of $0.65 \text{ g}\cdot\text{cm}^{-3}$) was added into the
112 sedimentation funnel. The 30 % PE/ 70 % TCE mixture obtained (with a density of approx. $1.26 \text{ g}\cdot\text{cm}^{-3}$)
113 was thoroughly mixed and the material allowed to settle down for 10 min. Two new fractions
114 segregated: a second sediment and a final flotata. This second sediment was recovered in a petri
115 dish. The sedimentation funnel was reversed, its wall was rinsed with PE and the flotata with the
116 remaining liquid was recovered on a filter paper placed on a funnel. After air drying of the three
117 fractions, they were collected and weighed separately.

< FIGURE 1 >

118 The first sediment concentrated bones, fishbones, scales and minerals as well as all fragments with a
119 density higher than 1.62 g.cm^{-3} . The second sediment contained the fraction with all material with a
120 density ranging from 1.62 to 1.26 g.cm^{-3} . The last fraction was the flotata, concentrating insect
121 fragments and other fragments with a density lower than 1.26 g.cm^{-3} .

122 All fortified aquafeed samples were submitted to this double PE/TCE sedimentation as well as to the
123 official one-step TCE sedimentation for comparison, as illustrated in figure 2. The experiment was
124 carried out in triplicate.

< FIGURE 2 >

125 2.5. Microscopic observations

126 Permanent slides were prepared according to Veys & Baeten (2010) from the flotates obtained from
127 both sedimentation protocols: current official TCE sedimentation and double PE/TCE sedimentation.
128 Only one slide (fig. 2) was prepared for each repetition (3 repetitions for both sedimentation
129 protocols as per the minimal legal requirement imposed by the current method). No staining reagent
130 was used. Observations were made on a Carl Zeiss Axio Imager A1 (Zeiss, Germany) under
131 conventional transmitted bright-field (BF), polarized (POL) and differential interference contrast (DIC)
132 light microscopy. Observations were made at several magnifications. Per slide the number of
133 identifiable fragments of insect origin was counted and reported. Micrographs, all taken from
134 flotates of spiked aquafeeds submitted to the double PE/TCE sedimentation, were recorded with a
135 Carl Zeiss AxioCam MRc (Zeiss, Germany) coupled with a 0.63 port.

136 2.6. Data treatment

137 Means of the number of insect PAP fragments identified from both TCE and PE/TCE sedimentation
138 protocols were compared by *t*-test.

139 3. Results

140 3.1. Preliminary study for the optimal solvent mixture

141 The two insect PAPs used, from *H. illucens* and *T. molitor*, behaved in the same way in the different
142 PE/TCE mixtures used in the preliminary study. For mixtures with less than 20 % PE (with densities \geq
143 1.37 g.cm^{-3}), 100 % of insect fragments floated and no sedimentation occurred. When the
144 concentration was increased to 30 % PE (reaching a density of 1.26 g.cm^{-3}), about half of the insect
145 material floated and half settled. At concentrations of 40 % PE (with a density of 1.14 g.cm^{-3}) the

146 share of floating insect fragments was approx. 10 %. At densities $\leq 1.06 \text{ g.cm}^{-3}$ all insect materials
147 precipitated. In comparison, the aquafeed almost entirely floated at densities $\geq 1.37 \text{ g.cm}^{-3}$, at a
148 density of 1.26 g.cm^{-3} its floating fraction accounted for approx. 10 % and at lower densities it settled
149 entirely. These results are summarized in figure 3.

< FIGURE 3 >

150 From this experiment it was estimated that the optimal PE/TCE mixture for segregating a majority of
151 insect particles from an aquafeed matrix was 30 % PE/ 70 % TCE with a density of $1.26 \pm 0.07 \text{ g.cm}^{-3}$.
152 With this solvent mixture, the proportion of floating insect material was calculated by recovering the
153 fraction and weighing it after drying. This was done for all insect PAPs. The proportion ranged from
154 40 % for *H. illucens* to 69 % for *T. molitor* (with intermediate values of 57 % for *A. diaperinus* and 60
155 % for *G. assimilis*). Great variability around a mean value of 57% floating insect fraction was revealed
156 according to the species of origin of the PAPs.

157 3.2. Detection of insect particles based on the double sedimentation protocol

158 The 40 aquafeeds adulterated with the insect PAPs at 1 % w/w were sedimented both by TCE only
159 and by the double serial sedimentation protocol. The mean numbers of insect particles identified per
160 slide are summarized in figure 4.

< FIGURE 4 >

161 Results showed that for 37 samples out of 40, more insect particles were isolated and identified by
162 the double PE/TCE sedimentation protocol than by the simple TCE protocol, whatever the type of
163 aquafeed and insect PAP used. These increases in number of particles ranged from a factor of 1.22 (*T.*
164 *molitor* in Sa1) up to 12.90 (*A. diaperinus* in Sa2) with a large variability. A slight diminution in the
165 mean number of insect particles was observed on just three occasions. Two concerned *H. illucens*, in
166 the aquafeeds for tilapia Ti and sturgeon St, and the third related to *A. diaperinus*, in a salmon feed
167 Sa1. *H. illucens* also presented the lowest mean numbers of particles per slide for both sedimentation
168 protocols, with values ranging from 0 to 2.67 for the TCE sedimentation protocol and from 0.67 to
169 7.00 for the PE/TCE sedimentation protocol. These values are below those observed for the PAPs
170 from other insect species as illustrated in fig 4. Of the 37 cases in which the mean number of
171 particles obtained by the PE/TCE sedimentation protocol was higher, t-tests found only 15 cases in
172 which the means were significantly (at $p < 0.05$) or highly significantly (at $p < 0.01$) higher. The
173 variability in the mean number of insect particles counted over 3 slides as illustrated by fig. 5 from
174 the counting data for *G. assimilis* is quite high (see especially the results for Sf2 feed) and explains
175 the lack of statistical differences.

< FIGURE 5 >

176 The double PE/TCE sedimentation protocol also diminished the amount of floating material from the
177 adulterated aquafeeds. Whereas TCE sedimentation produced an average 98 % of floating aquafeed
178 material (ranging from 95.1 % for Ti to 99.8 % for Sf2), the same fraction resulting from the PCE/TCE
179 double sedimentation protocol averaged 3.6 % (ranging from 0.2 % for Sf1 to 13.2 % for Ti). The
180 reduction of weight percentage from the aquafeed matrix combined with a high share of insect
181 particles in the fraction $<1.26 \text{ g.cm}^{-3}$ results in the concentrating effect of this double sedimentation
182 protocol for insect PAPs.

183 3.3. Identification of morphological markers of insect fragments

184 Several potential morphological markers for insect particle recognition were also investigated during
185 this study. All insect species were submitted to this investigation. Particles of insect origin were of
186 two major types: fragments from the exoskeleton (illustrated in figs. 6, 7 and 8) and fibers from the
187 locomotor system (illustrated in figs. 9 and 10).

< FIGURE 6 >

< FIGURE 7 >

188 Insect exoskeletal – or cuticular – fragments (fig. 6a-f and fig. 7a-c) were recognizable from other
189 structures collected in the fraction $<1.26 \text{ g.cm}^{-3}$ by their general shape and the presence of sensory
190 appendices. Cuticular fragments appear as irregularly shaped scales or plates with cell-like casts,
191 regular (e.g. honeycombed) (fig. 6c) or irregular (fig. 6a, 6f). Some cuticular fragments lack these
192 casts (fig. 6e). This is also true for fragments originating from arthrodial areas. Cuticular fragments
193 could be almost transparent or deeply colored (fig. 6d), depending on the tanning level of the
194 exocuticle. Fragments from arthrodial areas, lacking exocuticle, therefore appear as translucent. By
195 contrast, fragments of appendices are more sclerotized and appear brownish (fig. 6d) to opaque
196 and hence black (fig. 7c). More differentiated short segmented fragments from antennae or leg parts
197 were also present in *G. assimilis*, which was not the case for PAPs produced from other insect
198 species. A common characteristic found in all insect PAPs was hair-like structures. Such structures
199 (fig. 6a-b, 7a) correspond to setae – or trichoid sensilla (Simpson & Douglas, 2013). These setae are
200 widely distributed and attached to the cuticle (fig. 6a-b) or separated from it (fig. 7a-c). They vary in
201 size from $50 \mu\text{m}$ to several hundred micrometers. They could appear as single cellular structures (fig.
202 7b) or as more complex ones with tiny hairs on their surface (fig. 7c). Setae were entirely or nearly
203 unpolarized (fig. 7b), allowing them to be distinguished from the plant trichomes (fig. 7d) which can
204 be found in aquafeeds (e.g. from wheat bran and gluten) and are highly polarized. Traces of sockets

205 of setae were recognizable on etched cuticular fragments: they appear as small reniform or round
206 punctuations (fig. 6e-f) occasionally surrounded by a lighter area (fig. 6f) corresponding to the thin
207 cuticular joint membrane within the cuticle. Occasionally circular structures of campaniform sensilla
208 could also be observed (fig. 6a). Spines or denticles were also observed for PAPs produced from
209 diptera larvae (e.g. *H. illucens*) (fig. 6b). These denticles, belonging to the spinose bands of the
210 segments, are usually in small linearly organized groups and pointing in the same direction. Finally,
211 some fragments of the exoskeleton presented elements of the insect respiratory system: portions of
212 the intricate anastomotic network of tracheae (fig. 8). Such structures are specific to insects. They
213 were frequently observed on larger fragments from the cuticle, as illustrated in fig. 8. In this study,
214 their occurrence was mainly restricted to the PAP produced from *G. assimilis*.

< FIGURE 8 >

215 Muscle fibers were also abundant in the fraction $< 1.26 \text{ g.cm}^{-3}$. Their pattern is that of quadratic or
216 rectangular translucent structures. Most of these muscle fibers were partly attached to
217 conglomerates of cuticular and other undefined fragments. When such fibers were isolated, the
218 closure of the condenser diaphragm made it possible to visualize the striated aspect of the sarcomers
219 (e.g. fig. 9a). The insect origin of such muscle fibers can be confirmed by the observation of the
220 tracheal system ensuring gaseous exchanges in insects. Both tracheae and tracheoles may be visible
221 within muscle fibers. The use of DIC improved the visualization of the branching pattern of this
222 network compared to bright field illumination (fig. 9b vs fig. 9a). At higher magnification, DIC
223 revealed the transverse spiral lining of the taenidia from the tracheoles (fig. 9c). Some insect muscle
224 fibers also differ from other muscle fibers which can be found in terrestrial or fish PAPs by the typical
225 zigzag striation pattern of the sarcomeres (fig. 10a vs fig. 10b). PAPs prepared from *G. assimilis* were
226 also characterized by the occurrence of long fibers which were weakly polarized. Such fibers could be
227 as long as 1 mm (fig. 9d). At higher magnification, their rectangular pattern as well as a faint cross-
228 striation show them from muscular origin to (fig. 9e). However, DIC observations revealed a different
229 striation pattern from the zigzag one (fig. 9f). This latter type of muscle fiber is not observed in
230 terrestrial or fish PAPs.

< FIGURE 9 >

< FIGURE 10 >

231 **4. Discussion and conclusion**

232 Isolation of particles from insect PAPs by double sedimentation using a PE/TCE solvent mixture was
233 found to be fit for purpose in many aspects. First, the obtained results demonstrated the possibility

234 of successfully concentrating and isolating insect fragments from a wide variety of aquafeed
235 matrices, regardless of the species of insect. The proposed 30 % PE/70 % TCE (at a density of ca. 1.26
236 g.cm⁻³) is efficient for segregating insect particles from other particles of feed matrices. Effectively,
237 the preliminary study showed that such segregation does not occur at either higher or lower
238 densities of solvent mixture. The share of insect material recovered in the flotata ranged from 40 %
239 to 69 %. From the data of the present study, the average concentration of insect particles was
240 estimated to be around 25 times higher than the current legal sample sedimentation based on TCE
241 with a density of 1.62 g. cm⁻³. However, this concentration varies according to the properties of the
242 feed matrices as well as the insect PAP (cf. below). A second advantage of the developed protocol is
243 strictly practical, in the sense that it complements the legal implemented method. No other lab
244 equipment or specific knowledge is required to perform the double sedimentation, which may even
245 be separated in time from the official TCE sample preparation for animal protein detection. This
246 means that the protocol can be applied only when insects need to be scrutinized and on the fraction
247 originating from the legal sample preparation as described in Annex VI of EU/152/2009 (EU, 2009).
248 Light microscopic observations of a single slide prepared from the obtained flotata showed better
249 insect detection than that achievable by the TCE sedimentation treatment. The increase in mean
250 number of insect particles with the new protocol fully supports a qualitative detection (i.e. presence
251 or absence) but not a quantitative estimation of insect PAP. Because of the variability in the counting
252 of insect particles any reliable quantitative assessment has to be excluded. The conditions of the
253 study, limited to a concentration of 1 % insect PAP in fishfeeds, did not make it possible to fix a limit
254 of detection (LOD) for the proposed protocol. On the other hand, such a parameter is not essential
255 considering that it deals with legalized sources of proteins and not with prohibited material as is the
256 case for other PAPs in the framework of the feed ban (e.g. ruminant PAP) imposed to prevent TSE
257 spreading. Nonetheless, in order to estimate the potential sensitivity which could be reached, a
258 simple additional experiment was performed. A batch of poultry feed accidentally contaminated by
259 *Trilobium castaneum* at 0.015 % (calculated w/w) was sampled, ground and submitted to double
260 PE/TCE sedimentation followed by a single slide observation. This was repeated twice. Two insect
261 fragments were found in the first repetition and four in the second. Fragments were identified as
262 remains of elytra. The method is thus very sensitive, although this sensitivity may be impacted by
263 several factors:

- 264 • The composition of the feed matrix, which may affect the theoretical increase in
265 concentration factor resulting from double sedimentation: a matrix containing high
266 percentages of feed materials with lighter densities (e.g. wheat bran, bulk density of 192
267 kg.m⁻³) will generate a flotata with a higher proportion of particles of non-insect origin and

268 hence a lower share of insect particles. Likewise, matrices with ingredients such as molasses
269 or modified starch, acting as aggregating compounds and forming conglomerates of particles
270 which will not be disaggregated due to the hydrophobic solvent mixture, may also influence
271 the expected concentrating effect on insect fragments.

- 272 • The species of insect used for the production of PAP: as mentioned, the share of flotata of
273 pure insect meals varies. The lowest share was recorded for *H. illucens*, which also showed
274 the lowest mean number of insect particles per slide as clearly shown in fig. 4.
- 275 • The ability of the microscopist to distinguish insect from non-insect particles, and hereof also
276 influencing on some specificity issues. An example of this is reported by van Raamsdonk et al.
277 (2017), who commented on the general failure of insect identification from a proficiency test
278 organized by the RIKILT based on the official TCE sedimentation: 90 % of the participants (out
279 of 52) were unable to identify insect fragments at a comparable level of content of 1 %.
280 These authors notified some specificity issues with krill fragments and muscle fibers which,
281 according to the authors, cannot be ranked into a defined taxonomic category within the
282 animal kingdom. This underlines the need for unambiguous morphological criteria for
283 accurate identification of insect particles; this was the second objective of this research.

284 The light microscopic observations performed in this study made it possible to fix some
285 morphological landmarks for the reliable identification of fragments from insect PAPs, even without
286 any staining. The presence of cuticle fragments with setae at the surface is a first relevant indication.
287 However, crustacean cuticles may have, at first sight, a confusingly similar structure, especially
288 shrimp or krill which have a soft chitinous exoskeleton. In shrimp and krill cuticle fragments, the
289 presence of chromatophores as well as calcareous deposits organized in an irradiating polarized
290 rosette shape (Makowski et al., 2011) prevents them from being confused with insect fragments.
291 Moreover, krill and shrimp particles are often naturally colored by the presence of carotenoids.
292 Insects are unable to synthesize carotenoids (Klowden, 2013; Simpson & Douglas, 2013) and do not
293 present a pinkish-orange color. Other commercially used crustacean species such as crabs have a
294 much more biomineralized exocuticle or shell: deposits of calcium carbonates and calcium
295 phosphates are so dense that most of their exocuticular particles will not float, but will be observed
296 in the first sediment, concentrating the bones and minerals. By contrast, all insect PAP fragments of
297 exocuticular origin have a variable sclerotization level, with color range from dark brown to almost
298 translucent, but no trace of mineralization was ever observed. This is because mineralization in
299 insects is not frequent and often limited to mandibular cuticles (Simpson & Douglas, 2013). Although
300 high amounts of Ca are recorded in some species, notably *H. illucens* (Arango Gutierrez et al., 2004),
301 this presence is not linked to any visible calcification and is limited to flies in the last larval instar

302 (Willis, 1999). This is in line with the absence of any staining reaction in insect cuticular particles by
303 Alizarin red reported by Ottoboni et al. (2017), who prudently proposed this staining as a potential
304 tool for distinguishing between insects and marine crustaceans. However, this would only be helpful
305 if large quantities of poorly differentiated arthropod fragments were observed. Such a situation was
306 not encountered in this study. Finally, in unclear situations regarding exoskeletal remains, looking for
307 the presence of tracheal structures is recommended. Although not very frequent in insect PAPs,
308 except PAP from *G. assimilis*, their presence is sufficient to ascertain a taxonomic ranking in the
309 insect class against all other invertebrates. In addition, tracheal structures are not restricted to
310 cuticle fragments; they are also present in muscle fibers, as illustrated in fig. 9a-c. This also permits a
311 confirmed taxonomic ranking of insect muscle fibers against other animal ones. Another
312 morphological feature of insect muscle fibers is the commonly observed typical zigzag striation
313 pattern of the sarcomeres. It is well known that insects have a wide range of specialized muscles with
314 structural and functional differentiation; for a general review, see Klowden (2013) and Simpson &
315 Douglas (2013). For instance, the lattice ratio of myosin/actin is of 6/1, with variations in regularity
316 inside skeletal muscle fibers other than flight muscles, where this ratio is of 3/1 and invariably regular
317 (Klowden, 2013). Therefore the relative widths of I-, A- and H-bands may differ even inside a muscle
318 fiber when observed by light microscopy. This influences the lengths of the sarcomeres and
319 generates the waving or zigzag pattern. Histological atlases (Rothschild et al., 1986) exhibit this
320 structural variability of insect sarcomeres. Even the long birefringent muscle fibers observed in *G.*
321 *assimilis* may be explained by the structural differences among insect muscles. According to Simpson
322 & Douglas (2013), they probably correspond to asynchronous flight muscles, which may be very long
323 and composed of only a few fibers, with much reduced I-bands and a predominance of A-bands (A
324 standing for anisotropic or birefringent). This is supported by the fact that such fibers were only
325 visualized in *G. assimilis*, because this species is the only hemimetabolous one in which the nymphs
326 have wings: all other species are holometabolous, with less differentiated larvae lacking such flight
327 muscles. Such taxonomic attribution of muscles had previously been considered impossible, as still
328 recently argued by van Raamsdonk et al. (2017), who therefore recommended the use of other
329 methods such as DNA-based methods to overcome this problem. This is not required for insect
330 muscle identification because of their proper morphological characteristics.

331 Morphological data collected from the present study prove that light microscopy is adequate for
332 detecting insect PAPs in feed. However, further distinction relating to the species of insect may be
333 necessary in the future. Currently, European legislation (EU, 2017) only authorizes the use of a closed
334 list of insect species. Insect PAPs produced from other species are thus prohibited for the time being.
335 Authenticity issues and potential fraud detection need to be addressed, although the number of

336 other candidate species for insect PAP production is limited mainly due to rearing conditions and
337 other technical issues (International Platform of Insects for Food and Feed, pers. comm.). Accurate
338 identification of all insect species relying exclusively on light microscopy is unrealistic, but a sorting at
339 a higher taxonomic level (e.g. order level down to family level) is nevertheless conceivable. The wide
340 diversity of the insect class and its subdividing orders offers enough proper characteristics to
341 investigate this possibility. First indications in this respect, obtained from the analyses of a reduced
342 number of PAP samples, are provided by this study. The four insect PAPs that were used represent
343 the three legally authorized orders: Diptera (*H. illucens*), Coleoptera (*T. molitor* and *A. diaperinus*)
344 and Orthoptera (*G. assimilis*). Initial parameters for sorting the three orders may be summarized as
345 follows:

- 346 • Diptera meal is composed of several larval instars and pre-pupae. These developmental
347 stages of a complete metamorphosis are poorly differentiated. As a direct consequence of
348 this, a lower number of particles were recognized as of insect origin. However, the presence
349 of a majority of unsclerotized cuticle fragments as well as the presence of denticles,
350 organized in spinose bands, combined with long setae are good criteria for Diptera larvae.
351 The identification of fly larvae is abundantly documented, not in the context of feed science
352 but because of its medico-legal importance. This identification is based particularly on the
353 shape and organization of the denticles as well as other morphological markers (Szpila,
354 2009). Recent publications provide keys for species identification in taxa that were previously
355 poorly studied such as Muscidae (Grzywacs et al., 2017). Today such keys are lacking in the
356 context of feed authentication and control, but would certainly support proper identification
357 of PAPs from the two authorized flies against other non-authorized Diptera meals.
- 358 • Coleoptera meals are composed of different larval instars. Although they also go through a
359 complete metamorphosis, their larvae are more differentiated (with mouthparts and legs)
360 and have a more sclerotized cuticle than the observed Diptera ones. Although the number
361 of larval instars varies before pupation, they do not vary significantly in their morphology
362 after the second instar (Park et al., 2014); this means that sclerotized fragments are much
363 abundant and thus detected without difficulty. This may also account for the higher mean
364 number of particles recorded for the two species used. The larvae of the two species were
365 lacking denticles as observed in *H. illucens*. No distinction between fragments of *T. molitor*
366 and *A. diaperinus* larvae could be observed.
- 367 • Orthoptera meal is prepared from nymphs or imagos. Species for this order are
368 hemimetabolous with nymphal stages that are morphologically more differentiated than
369 larvae. Nymphs are closely similar in appearance to imagos: they have legs, a head (with

370 eyes, mouthparts and antennae), and even wings present in the last instars. There is thus a
371 more complex diversity of cuticular fragments with appendages for the later species. This
372 differentiation level is also reflected by the presence of long birefringent muscle fibers as
373 discussed.

374 In conclusion, an improvement of Annex VI of EU/152/2009 (EU, 2009) by the introduction of double
375 PE/TCE sedimentation together with a third category of animal material in addition to terrestrial and
376 fish, would make up for the absence of a dedicated method for the detection of insects. This new
377 category should be referred to as “terrestrial invertebrates” as opposed to “terrestrial vertebrates”
378 (i.e. a minor change of reference to the terrestrial category). Marine arthropods would thus be
379 excluded from this new category. This is justified because material from the latter group, like that
380 from other aquatic invertebrates, is legally considered as fishmeal as per Commission Regulation
381 EU/142/2011 (EU, 2011). Such a modification of the legal framework should nevertheless be further
382 monitored, and may need to be refined if it is not reinforced by complementary methods. This is
383 because the identification of insect fragments from PAPs will interfere with the detection of natural
384 insect contamination, in cereals for instance. Four options for monitoring insects in feed were
385 recently proposed by van Raamsdonk et al. (2017) before the legal introduction of insect in aquafeed
386 (EU, 2017). As a result of this introduction only one of the four proposed options, based on a limited
387 list of authorized species, turned out to be realistic. These authors considered light microscopy to be
388 usable as a first control level. The present protocol and morphological criteria obtained not only
389 confirm this but go further, especially in case of contamination. In the natural environment the
390 synchronicity of insect developmental stages is lacking, by contrast with a PAP production context in
391 which individuals collected are in almost identical instars, either larval or nymphal. Looking at the
392 genera of insect pests, a large majority belongs to the order Coleoptera (e.g. *Cryptolestes sp.*,
393 *Tribolium sp.*, *Oryzaephilus sp.*, *Rhyzopertha sp.*, *Sitophilus sp.*, *Trogoderma sp.*) and the presence of
394 imagos is usually predominant. Even after introduction and processing in a feed matrix, remains of
395 coleopteran elytra, membranous hindwings, compound eyes, antennae fragments and other adult
396 fragments will certainly be distinguishable from fragments originating from insect PAPs as it was
397 noted from the slides observation of the contaminated poultry feed. At this point, however, the
398 absence of descriptive literature and image libraries related to the insect species used for PAP
399 production in feed and food limits further microscopic discrimination between authorized species
400 and undesired ones. Hence the use of other methods such as DNA targeting of authorized species
401 would offer additional information. Recently, candidate target sequences for *T. molitor* (Debode et
402 al., 2017) or *H. illucens* (Marien et al., 2018; Zagon et al., 2018) were found fit for purpose, at least to
403 certify, when insects are detected, that they belong to authorized species. But a gap will still remain.

404 Two pests are included in the authorized list of insects, *T. molitor* and *A. diaperinus*. The use in feed
405 production of cereal batches contaminated by these species, constituting fraud, would be overlooked
406 if we restricted analyses to the use of DNA identification alone. So far, such cases can only be
407 resolved by the use of light microscopy as previously explained. Therefore, DNA-based methods, like
408 other methods used in feed control, e.g. immunoassay, near-infrared spectrometry or mass
409 spectrometry (Fumière et al., 2009, Veys et al., 2012; Lecrenier et al., 2016), should only be used as
410 complements once insect fragments have been isolated and microscopically confirmed. This is a
411 continuation of an effective strategy legally adopted for decades for the disclosure of PAPs in feed.

412 **Acknowledgments**

413 The authors are particularly grateful to Benoît Scaut for his involvement in the development and
414 tuning of the insect particle extraction protocol (double PE/TCE sedimentation) and Marie Collard for
415 the observations and micrographic records. The International Platform of Insects for Food and Feed
416 is acknowledged for the exchange of information on insect production and the supply of insect
417 materials.

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Figure captions

Fig. 1: Proposed double serial sedimentation protocol specifically for concentration of insect particles. (Legend: *TCE* = tetrachloroethylene, *PE* = petroleum ether, *Sed* = sediment, *Flo* = flotante)

Fig. 2: Operational scheme for the comparison of *TCE* and double *PE/TCE* sedimentation protocols for the counting of insect particles in fortified samples. (Legend: *TCE* = tetrachloroethylene, *PE* = petroleum ether)

Fig. 3: Floating/settling behavior of insect PAPs and aquafeed in relation to different *PE/TCE* solvent percentages. Arrowheads pointing downwards refer to sedimentation while those pointing upwards refer to flotation. The relative positions (above/below) of the double arrows around a mean density indicate the share of floating/settling fractions. (Legend: *TCE* = tetrachloroethylene, *PE* = petroleum ether, ● = calculated mean densities [$n = 3$, $m \pm 2SD$])

Fig. 4: Comparison of the mean numbers [$n = 3$] of insect particles detected per slide according to the species of insect PAP used to adulterate the aquafeed samples and the type of sedimentation protocol (Legend: *TCE* = tetrachloroethylene, *PE* = petroleum ether, * = significant at $p < 0.05$, ** = significant at $p < 0.01$)

Fig. 5: Detailed data on the mean numbers of *G. assimilis* particles detected per slide according to the aquafeed samples and the type of sedimentation protocol (Legend: SEM = standard error of mean, *TCE* = tetrachloroethylene, *PE* = petroleum ether, * = significant at $p < 0.05$, ** = significant at $p < 0.01$)

Fig. 6: Light microscopy morphology of insect PAP exoskeletal fragments: (a) *H. illucens* larval cuticle covered with numerous trichoid sensilla and a campaniform sensillum (arrowhead); (b) *H. illucens* larval cuticle with trichoid sensilla (double arrowhead) and denticles (arrowhead); (c) *G. assimilis* nymphal cuticle with regular honeycombed pattern; (d) *G. assimilis* sclerotized fragment of appendage; (e) *T. molitor* larval cuticle presenting sockets of setae (arrowheads) (f) *T. molitor* larval

cuticle fragment with sclerotized areas (asterisk); sockets of setae are visible (double arrowhead) with their surrounding thin unsclerotized joint membranes (arrowhead). [a-b-c-d-e = BF, f = DIC]

Fig. 7: Light microscopy of sensory appendices (a-c): (a) *H. illucens* isolated larval trichoid sensillum; (b) *G. assimilis* nymphal trichoid sensillum showing an absence of birefringence; (c) *H. illucens* sclerotized hair-like seta; (d) birefringent epidermal trichome of plant origin from the aquafeed matrix. [a = DIC, b-d = POL, c = BF]

Fig. 8: *G. assimilis* nymphal exoskeletal fragment with visible tracheal network. [BF]

Fig. 9: Light microscopy of muscle fibers from insect PAPs: (a) muscle fiber detail from *A. diaperinus*; (b) same as fig. 9a but using DIC revealing a tracheole (arrowhead); (c) detail of tracheole inside a muscle fiber from *A. diaperinus* with annealing taenidia (arrowhead); (d) long birefringent fiber from *G. assimilis*; (e) higher magnification of a birefringent fiber from *G. assimilis* revealing its striated muscular pattern; (f) striated pattern detail of a long muscle fiber from *G. assimilis*. [a = BF, b-c-f = DIC, d-e = POL]

Fig. 10: Details of striation pattern of muscle fibers: (a) zigzag pattern of a muscle fiber from *A. diaperinus* highlighted by dotted line; (b) linear pattern of a muscle fiber from fishmeal highlighted by dotted line. [a-b = DIC]



















